

VIDEO DISCUSSION WORKSHEET

Justin Baldoni: Why I'm done trying to be man enough

Watch the following video and answer the questions in pairs:

https://www.ted.com/talks/justin_baldoni_why_i_m_done_trying_to_be_man_enough

1. What kind of roles he was given as an actor?
2. How does he feel about them? Does he identify with such roles?
3. How did he create his 'masculine role' as a child?
4. In his personal life, what is he tired of?
5. What is it that men need, in his opinion?
6. Who is loving, kind, sensitive and nurturing? Is he happy about it?
7. Give examples of "man stuff" according to Baldoni.
8. What's his advice to counteract "the suffering in secret"?
9. Give an example of what he did to 'open up' to his friends.
10. Who are his main followers on social media?
11. Can you tell about the anecdote on the comment "stop the gay shit" from a follower's boyfriend?
12. Who did he get more male followers on Instagram?
13. He's aware he's been "unconsciously hurting the women in my life". Why? How does he suggest to change it?
14. What does he ask women's help for?

Discuss the following expressions. What do you think they refer to?

1. game-changing attitude
2. conforming to gender norms
3. be man enough
4. me too
5. see past our privileges
6. journey from head to heart